

Pantry Staples

Spices

Kosher Salt

Fresh Pepper

Chicken Seasoning

Steak Seasoning

Seafood Seasoning

Cumin

Garlic Powder

Onion Powder

Red Pepper

Turmeric

Oregano

Thyme

Cinnamon

Curry Powder

Chili Powder

Italian Seasoning

Dried Basil

Smoked Paprika

Bay Leaves

BBQ Rubs

Other Staples

Olive Oil

Avocado Oil

Liquid Smoke

Vanilla Extract

Baking Powder

Baking Soda

Soy Sauce or Liquid

Aminos

Mayo

Flour/Almond Flour

Almonds

Honey

Mustard

Mayo

Ketchup

Peanut Butter/Nut

Butter

Rice

Dry Beans

Pasta

Sriracha

Sesame Oil

